



- It's definitely hard to not get caught up in tiers freshman year. When I rushed I definitely held the belief that I needed to be in the best sorority or it wasn't even worth it. When I got dropped from the one I idolized I was CRUSHED. But I gave the one I'm in now a chance and I am so so much happier. I fit in so much better in the one I'm in now - it's so funny. I know it's hard to believe and I dismissed everyone that told me this when I was rushing but you definitely end up in the one you are supposed to, so trust the process! I wish my freshman year self actually listened to older people about that. I've met some of my best friends in my sorority but am still friends with girls in almost every sorority at my school!
- Treat the girls rushing you like new friends. It's hard to separate a new friend relationship from the obvious "she's judging me and I have to make a good impression," odd relationship but it's the best way! Having confidence in yourself makes that a lot easier so maybe give yourself a pep talk about how great you are before rush!
- Make sure you feel comfortable at the house you like, and if you are at a big school and want it to feel smaller, rush!
- Be open to it, but try and think of it as an extracurricular like it's meant to be. Try to take all the positive aspects and incorporate them rather than taking it on as your identity. As much as it might surprise you, no one wants to hear about your sorority and fraternity when they ask how you're doing.
- When going through recruitment it is important to go into each house with an open mind. Give each organization a chance. You're going to feel pressured by peers to choose a certain organization but in the end you need to find your home away from home and where you feel most yourself. You get out of a sorority what you put into it... Be yourself and you will find the organization that will push you to be the best version of yourself.
- Rushing a fraternity was one of the best decisions I've ever made. It's provided me with so many opportunities and unique experiences that I wouldn't trade for the world! Some

of the big things were leadership opportunities. I was able to coordinate and lead the community service activities for \*frat name\* last fall and this spring. It was really great because there's a huge variety of things to do within a fraternity, and taking on a leadership role in one of those positions can really teach you a lot. Besides that there are a ton of professional things that you can get into as well, whether that be through expanding your network with alumni and other chapters, or just generally from the connections you make within the brotherhood.

- My advice would be don't use sites like Greekrank or let word around campus influence which organization you ultimately join. Be yourself and you will find people that match with you!
- I completely understand that Greek life is not for everyone but even if you're an introvert joining a sorority can be a really great thing. I lived in the chapter house this year, as a sophomore, and it really brought me out of my comfort zone. At my school we rushed second semester freshman year so I knew the girls I was going to be living with for less than a semester. I spent time over the summer thinking about what it would be like to live in a house with forty-something girls who I didn't know that well yet. After moving in, I immediately got to know people on a deeper level and my friends got to know me better too. As a pretty introverted person, I was so happy to find a group of people who I really love and trust. It's a good thing to step out of that comfort zone sometimes. My life is very different than it was a year ago, in a positive way, and I owe a lot of that to the relationships I've made through Greek life.